

THE CURRENT

Discover the Offerings at the Oshkosh Seniors Center
Fitness + Wellness
Education + Technology
Socialize + Enrichment

MAY 2025



Featured Special Events



Free Paper Shred Event May 17 (See page 3)



Senior Health & Fitness Day May 28 (See page 19)



Dream Big Cash Raffle June 6 (See page 10)



Food Truck Friday June 6 (See page 31)

920.232.5300

www.oshkoshwi.gov/seniorscenter/

A Free Monthly Publication supported by the Friends of the Oshkosh Seniors Center, Inc.

Welcome to the Oshkosh Seniors Center

A note from Senior Services Manager, Dan Braun

May is here, and that means activities are in full swing at the Oshkosh Seniors Center.

If you're looking for something to keep you active, we have refreshed some of our fitness class offerings. Stop in with a friend and give our classes a go! Feeling like you want to try something different and new? Give mini-court pickleball a go. You'll be glad you did! Lessons are available and we have equipment ready for you. What's missing on our court? U R!

Spring also means cleaning up and starting fresh. The Friends of the Oshkosh Seniors Center Shred Event is a great way to safely, securely, and quickly dispose of unwanted documents. Come to the parking lot at the North Building on Saturday, May 17. Check the flyer inside this issue for more details.

Don't forget to get your tickets to the Dream Big Cash Raffle! The four winning tickets will be drawn at Food Truck Friday on June 6. Tickets are available at the Winnebago Senior Tours Desk at the South Building.

See you by the river!

Dan-



**The Oshkosh Seniors Center will be CLOSED on
Monday, May 26th**

Enjoy the long weekend!

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FOSC is offering a **FREE**

SHRED EVENT

Sponsored by

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MAY 17, 2025

9:00 AM to 11:00 AM

Oshkosh Seniors Center

North Parking Lot • 234 N. Campbell Rd



- Stay safely in your car and drive right through.
- Personal (not business) shredding only, please.
- Limit of FIVE full paper bags/person.
- What can be shred?
 - All paper, file folders, hanging files, computer paper, note pads, and envelopes. Staples, paper clips, and bull clips do not need to be removed.
- What cannot be shred?
 - Three ring binders (remove pages for shredding), batteries, small E-waste items, garbage, plastic cups, paper plates, food wrappers, etc.
- CDs, DVDs, Data Tapes, Hard Drives, Microfilm and X-Rays
 - If you need these items destroyed, PROSHRED is happy to schedule this work for you. Please contact their office at 262.369.0922.

**Make a monetary donation to
The Friends of the Oshkosh Seniors Center
or bring a canned good for a local food bank!**

Oshkosh Seniors Center Presents:



Golden Tones Chorus in Concert (N)

“Music Lifts the Soul”



Sunday, June 8, 2 pm

Doors open 1:30 pm

Advance Tickets Only

Cost: \$5 for ages 16 and over

Kids under 16 free (ticket is still required)

Tickets on sale Monday, May 12-Thurseday, June 5



Paula Steinert-Director

Marshall Potter Accompanist

**Concert Location
Oshkosh Seniors Center North building-
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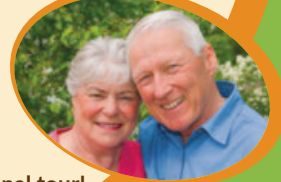
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This project was supported, in part by grant number 90MPPG0102-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.



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Oshkosh Senior Center, Oshkosh, WI

A 4C 01-0984

Art Expression (S)

Thursdays & Fridays

May 2-30, 8:30-11:30 am

Closed Thursday, May 1

Cost: R \$1.50/NR \$2.25 per visit

Do you need a space to create an art project, or to work on a hobby? Bring your project and own supplies and use the centers art room with friends that share similar creative endeavors.

Senior Center supplies are not to be used during this time. Enjoy the company of other artists while you work on your projects.

Plastic Canvas Butterflies (S)

Monday May 5, 9-11:30 am

Instructor: Kerry Wolfe

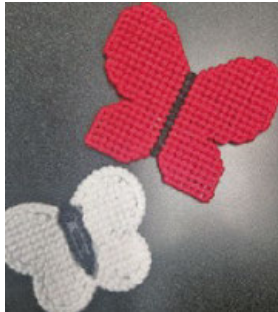
Cost: R \$10/ NR \$12.50

Min/Max: 4/10

Register by Tuesday, April 29

Payment due upon registration

Want to try a new easy craft? Come join us to make plastic canvas butterflies. No experience needed. All supplies provided. Project similar to the one shown.



Hand Building with Clay (S)

Tuesdays, May 6-27, 12-3 pm

Instructor: Kathi Dittmer

Cost: R \$45/NR \$50

Min/Max: 3/8

Registration opens Tuesday, April 22

Payment due upon registration

This class offers a fun community environment to explore the creative world of clay. The fee includes 6 pounds of clay, glazes, and two firings.

Beginners welcome! Please note, class supplies are for use during regularly scheduled class times only. Those listed as "on stand by" will be given first option on the following month's class.



Quilting 405 (S)

More with Triangles

Wednesdays, May 7-28, 9-11:30 am

Instructor: Liz Lahm

Cost: R \$15/ NR \$16.50

Min/Max: 3/10

Register by Monday, May 5

Payment due upon registration

In this class we will learn to extend triangles into internal frames around the center of the quilt and to create feathered stars. These designs are endless and add a lot of visual appeal to the quilt. Six patterns have been chosen for you to choose from. You will select one and use the book to determine the materials you need for the class. If you have any questions, you can contact Liz through the Center. See South front desk for quilt options.

Recommended Book: Quilter's Academy Volume 3 – Junior Year Authors Harriet Hargrave and Carrie Hargrave. Available through Amazon.



Sewing 106 (S)

Extending Color Confidence—Quilting

Wednesdays, May 7-28, 1-3 pm

Instructor: Liz Lahm

Cost: R \$15/ NR \$16.50

Min/Max: 3/6

Register by Monday, May 5

Payment due upon registration

In this class we will take the basics of color and extend what you know to creating monochromatic, two color, and multi-color quilt designs. Using a color palate, you will select fabrics following some general rules for each for these designs. After selecting your favorite, you will make a small simple quilt table topper (approximately 30" x 30"). A variety of patterns will be available to complete this task.



****Note: Doors will open 10 minutes before the start of class.****

Artfully Yours –Reversible Wooden Block Sign

Happy Summer/Happy 4th (S)

Thursday, May 8, 12:30-3 pm

Instructor: Kelly Arens

Cost: R \$20/NR \$25

Min/Max: 4/10

**Register by Thursday, May 1
Payment due upon registration**

This project will use wooden blocks that you will paint, decorate both sides of with holiday themed paper. We will use vinyl for the lettering. Instructor will teach a few new skills for using mod podge application, as well as vinyl. You will love this versatile decoration for your home. Project similar to picture shown. Special thank you to the Woodshop for cutting out the wood!



Intermediate Stain Glass (S)

Strip Cutting

Wednesdays, May 14—28, 9 am-12 pm

Instructor: Marla Torn

Cost: R \$30.00/NR \$35.00

Min/Max: 2/6

**Register by Monday, May 12
Payment due upon registration**

Learn to use a strip cutting tool to easily cut straight lines in glass for this geometric pattern.

Must have completed a beginners class or past glass experience.

Project similar to picture shown.



Outdoor Solar Lantern (S)

Thursday, May 22, 12:30-3:30 pm

Instructor: Kelly Arens

Cost: R \$20/NR \$25

Min/Max: 4/10

**Register by Thursday, May 15
Payment due upon registration**

We will be upcycling three jars, using bendable wire, you will wrap, decorate with beads and twist a hanger for your jars. We will add a solar light to the top of the jar that will glow! Your patio, porch or yard will look magical with the addition of this hanging lantern! If you have jars you'd like to use or small pliers for bending, please bring along. Come see the examples in our display case in the South Building!



Accepting donations of small mouthed jars, varying sizes. Please bring to front desks.



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Thomas Merton*



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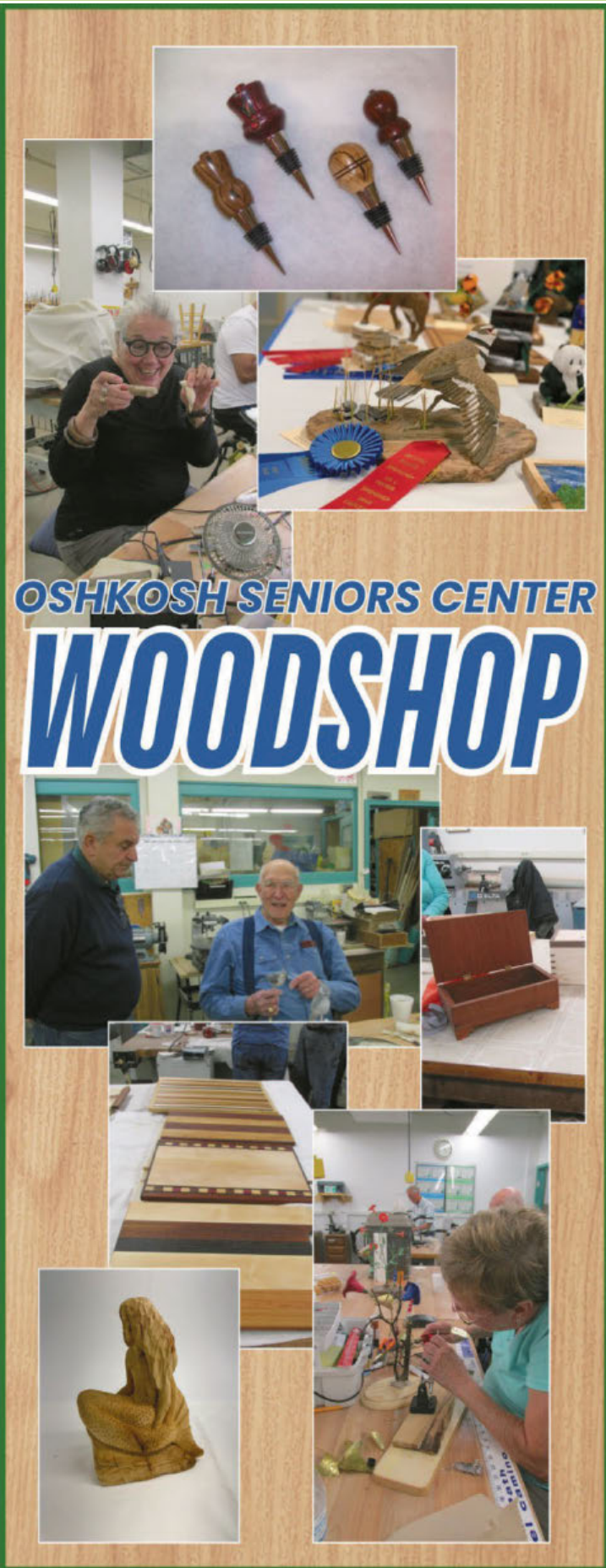
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Oshkosh Senior Center, Oshkosh, WI

B 4C 01-0984



Woodshop Guided Hours (N)

Wednesdays, 10am-2:30pm

Cost: R \$5/NR \$7.50

This time in the woodshop is designed to allow participants to come in and use the machines to work on their own projects with support from woodshop monitors as needed.

Don't forget, Basic Machine Safety Training is required before using tools and equipment in the shop. Bench Passes are available for use if not Safety Trained.

Call ahead to schedule for the 12-2pm timeslot the day prior. Please arrive by 2pm to finish any project by 2:30pm.

Power & Hand Tool Carving (N)

Mondays, May 5-19, 8am-12pm

Instructor: Gene Bengel/Richard Krummick

Cost: R \$30/NR \$35 - 3 week session

Min/Max: 5/12

Register by Monday, April 28

Payment due upon registration

Power tool carvers must bring bench fan, dust collector, have completed safety training to use OSC power equipment. Hand carvers must use their own hand/rotary tools. Instructors available to teach, guide, and problem solve. **This class is open to carving projects only.**

Guided Wood Burning (S)

Tuesdays, May 6-27, 8:15-11:15am

Instructors: Linda Gomach, Richard Krummick

Cost: R \$40/NR \$45 - 4 week session

Min/Max: 3/10

Register by Friday, April 25

Payment due upon registration

Here's a chance to work on those woodburning projects. Award-winning instructors will give guidance to help get your pieces completed. Come enjoy Woodburning time with fellow burners!

Basic Machine Safety Training (N)

NO CLASSES THIS MONTH

CHECK BACK in JUNE

All **NEW** participants wanting to use the woodshop for classes or guided hours are required to attend the machine training class. The two class requirement for new participants **must be taken in consecutive weeks.**



DREAM BIG CASH RAFFLE

1st Prize \$2,000

2nd Prize \$1,500

3rd Prize \$1,000

4th Prize \$500

Ticket Cost \$20.00

**Tickets can be purchased at the
Oshkosh Seniors Center Front Desks**

**Raffle Drawing at 7:00 PM on June 6, 2025
At Food Truck Friday in South Park, Oshkosh
Do not need to be present to win!**



*Sponsored by
The Friends of the Oshkosh
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will benefit programs and
services provided
by the Oshkosh Seniors Center.*

Eat & Greet (S)

IT IS NATIONAL SENIOR HEALTH DAY!



**Sticky Ginger Beef Bowls,
Sweet Buns & Vietnamese Coffee.
Water and regular coffee is also available.**

Wednesday, May 28

Serve at 11:30 am

Cost: \$10.00

Max: 50

**TICKETS AVAILABLE AT FRONT DESKS:
APRIL 30– MAY 19**

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TUESDAY: 7-8AM

WEDNESDAY: 7-8AM & 1:00-3:30PM

PLAY WITH CIERRA FROM 2-3:30PM

THURSDAY: 7-8AM

FRIDAY: 7-10:30AM & 1-3:30PM

COST:

DAY PASS: R \$3/NR \$4.50

MONTH PASS: R \$20/NR \$30

LESSONS: R \$5 /NR \$7.50

FOR REGISTRATION CALL
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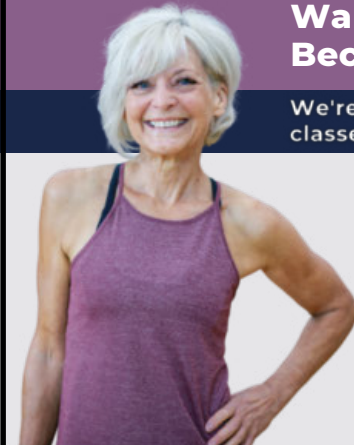


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Oshkosh Senior Center, Oshkosh, WI

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OSC GROUP EXERCISE SCHEDULE

TIME	MON	TUE	WED	THU	FRI
7:00	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball
	Open	Open	Open	Open	Open
	7-8am	7-8am	7-8am	7-8am	7-10:30 am
8:00					
	Rapid Movement	Life Fitness	Rapid Movement	Life Fitness	
	8:30-9am	8:30-9am	8:30-9am	8:30-9am	
9:00	Morning Mobility	Tai Chi Energy	Morning Mobility	Tai Chi Energy	Total Body
	9:15-9:45am	9:15-9:45am	9:15-9:45am	9:15-9:45am	Fitness 
					9:15-10am
10:00	Chair Cardio & Core	TRX			
	10-10:45am	10-10:45am			
					
11:00	Silver Sneakers	Movement	Silver Sneakers	Movement	Keep
	Classic	Exercise	Classic	Exercise	Moving
	11-11:45am	11-11:45am	11-11:45am	11-11:45am	11-11:45am
12:00	Advanced	Advanced			
	Line Dancing	Line Dancing			
	12:15-1:45pm	12:15-1:45pm			
1:00			Pickleball	Chair	Pickleball
			Open	Yoga	Open
			1-3:30pm	1-1:45pm	1-3:30pm
2:00			OR		
			Play with Cierra		
	Pickleball	Easy Chair	2-3:30pm	Low Impact	
3:00	 Group	Yoga		Dance	
	Lessons	2:15-3pm		2:15-3pm	
	2:15-3:15pm				
	(r)\$5/ (nr) \$7.50				



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Rapid Movement *Note Day Change

Improve your cardio by doing fast and quick bursts of exercise then letting your heart rate come back down. This training style helps improve agility, power, coordination, and balance, to reduce the risk of falls.

Life Fitness *Note Day Change

An energizing, modern approach to low impact aerobics and strength training. This class will utilize bodyweight movements, resistance bands, and light cardio to improve fitness.

Morning Mobility

Mobility sessions are a fantastic way to release tension, expand your range of motion, and minimize soreness, ultimately enhancing your recovery process. Participants must bring their own exercise mat.

Tai Chi Energy

Tai chi is a noncompetitive, self-paced system of gentle physical exercise and stretching. Each posture flows into the next, ensuring that your body is in constant motion to help with energy flow. This class is geared towards beginner and intermediate levels of Tai Chi.

Silver Sneakers® Classic

Increase muscle strength and range of movement, so you are ready for the activities needed for daily living. You will use a chair for seated exercises, as well as standing with support. You will use hand weights, exercise bands, and small exercise balls for resistance.

Movement Exercise

Increase your energy, flexibility, endurance and improve your sense of well-being by utilizing stress free movements. All exercises can be performed seated or standing.

Keep Moving.

Cardio, Strength, Stretching, and balance to keep you fit.

Chair Cardio & Core NEW

Improve your cardiovascular system and strengthen your core with aid of a chair. The class may use weights and resistance bands to increase the challenge.

TRX

Last day will be May 13th, will begin again in September!

Advanced Line Dancing

Kick up your heels, have fun, and impress your friends and family when you show off your line dancing skills! Prior experience preferred.

Low Impact Dance

Step-by-step instructions for a low impact aerobic workout. All levels encouraged to attend, this is a no judgement zone! Here's your chance to improve fitness and coordination, and have fun doing it!

Easy Chair Yoga NEW

Move through seated and standing yoga poses to increase flexibility, balance and range of motion. A chair is used to meet a variety of fitness levels.

Beginner Chair Yoga

A gentle practice in which postures are performed while seated and/or with the aid of a chair. Boost strength, flexibility, and mental well-being. No prior experience is necessary for this class.

Total Body Fitness NEW

Limit 12 people.

Boost your energy and improve heart health with our endurance workouts. These workouts deliver outstanding results by featuring variable-intensity intervals on treadmills, bikes, and the floor. The varied intensity keeps your body guessing, maximizing calorie burn and enhancing cardiovascular health.

Mini Pickleball

Join us to dive into the exciting world of pickleball! Whether you're a novice looking to learn, want to refine your skills, or are ready for a 1v1 match, our courts are perfect for you. Our courts feature a 'kitchen area,' and they're just half the size of a standard courts, making for a more low impact, less competitive game. Paddles and Balls available upon request.

Beginner Lessons: Don't know the ropes yet? Enroll in our beginners' lessons every Monday from 2:15-3:15pm.

Cost: R\$5 / NR \$7.50. (Not covered by insurance)

Open Court Sessions: Grab a friend and join us Monday (AM), Tuesday (AM), Wednesday (AM), Thursday (AM), and Fridays (AM/PM). Drop in to play and rotate partners!

Open Play with Cierra: Don't have a partner? Come play with Cierra from 2:00-3:30pm on Wednesdays!



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- 12 sessions for \$156
- 18 sessions for \$234

I am Alec, the Fitness and Wellness Coordinator at the OSC. With over 8 years of experience, I specialize in designing personalized programs that cater to your unique fitness and wellness needs and goals. Whether you're aiming to build strength, improve balance, lose weight, or recover post-rehab, I'm here to support you every step of the way.

**ALEC
JENSEN**
920.232.5320



I'm Cierra, the Healthy Lifestyles Coordinator. My background includes a Bachelor's degree in Exercise Science with a strength and conditioning and psychology emphasis. Additionally, I have my Master's in athletic training, where I have worked with individuals in a wide variety of settings, helping them with injury prevention and/or rehabilitation programs specifically tailored to meet their needs and overall goals.

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SMALL GROUP TRAINING

Small Group Training a combination of individualized instruction of personal training and the community atmosphere of a Group Exercise class. This hybrid model allows participants to benefit from tailored fitness plans that address their specific goals and needs, while also enjoying the motivating and social aspects of a group setting. In such a setup, a trainer can provide individualized attention to each participant, ensuring proper form and technique, while also fostering a sense of camaraderie and encouragement among the group members. This blend not only enhances physical results but also boosts motivation and accountability, as participants are inspired by their peers and guided by expert instruction. Ultimately, this innovative approach can lead to a more engaging and successful fitness journey for all involved.

4 sessions \$52
8 sessions \$104
12 sessions \$156
All sessions are 45min

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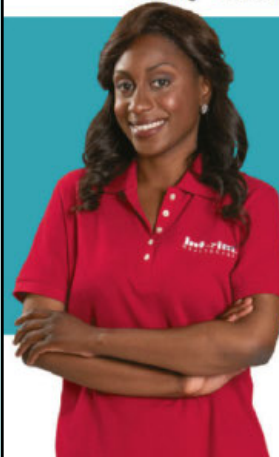
Wisconsin Senior Medicare Patrol



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Are you a retiree, a stay-at-home parent, student, or someone with availability during weekdays?
We invite you to join our vibrant volunteer community and become a valued part of our team.



Why Volunteer With Us?

Invaluable Impact:

Volunteers like you have a tremendous daily impact on the lives of our patients & visitors.

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Oshkosh Senior Center, Oshkosh, WI

D 4C 01-0984

Mindfulness Meditation (S)**Thursdays, May 1-29, 11 am-12 pm**

Instructor: Donna Janus-Volunteer

Cost: R \$1.25/NR \$1.75 per visit

This secular and supportive group is for beginners and experienced meditators. Classes include: guided instruction, time for discussion, and Q&A. Beginners learn how to meditate while experienced meditators learn how to deepen their practice. All levels learn why and how Mindfulness and Meditation work to increase well-being.

FREE Blood Pressure Checks**Thursday, May 1, 12-1 pm (S)****Tuesday, May 13, 10:15-11:15 am (N)****Thursday, May 15, 12-1 pm (S)**

High blood pressure usually has no symptoms and cannot be detected without being measured. Get yours checked for free by a retired nurse. No appointment necessary.

Beaming, Inc: Stable Minds (S)**Tuesday, May 6, 1-2 pm**

Presenter: Cathy Spaulding

Cost: Free**Register by Friday, May 2**

Changing Lives, One Ride at a Time

Discover that transformative power of horses in promoting mental clarity, emotional well-being, and social connection. Stable minds is an innovative equine-assisted program designed to enhance cognitive function, reduce stress, and foster resilience in seniors through meaningful interactions. Join us for an engaging session to learn how this unique approach can support aging with confidence and joy at BEAMING Ranch.

Get Set Up: Pop Up Class: Better Backs**Friday, May 9, 9:45-10:45 am**

Facilitator: Cierra

Cost: Free

Register by Wednesday, May 7

A strong spine is a foundation for a good sitting and relaxing posture. Join the class and focus on moving the spine for back care and support. Find strength and flexibility with simple moves and some challenges. Develop a strong spine and back to work and move effectively. **MUST BE ABLE TO GET ON FLOOR. Bring a yoga mat!**

***This will be the LAST Get Set Up offered at the OSC!**

Fall Asleep, Stay Asleep**Monday, May 12, 1-2 pm**

Presenter: Andy Haydin

Cost: Free**Register by Thursday, May 8**

Sleep is a basic human need— just like food and water—but many people don't get enough. Practicing good sleep hygiene may be your ticket to better rest. Discover how the sleep cycle works, how sleep changes as you age, poor sleeping habits you need to break and how to get your best rest!

How to Save Money:**Medications & Supplements (S)****Wednesday, May 14 10-11 am**

Presenter: Dr. JJ Allen

Cost: Free**Register By Monday, May 12**

In today's world, the cost of medications continues to rise, while insurance coverage seems to be dwindling. J.J. Allen is here to offer some practical advice on how to save money on prescriptions, vitamins, and other supplements by identifying which ones are worthwhile and which may not be necessary.

Sun Kissed & Pest Free: Summer Living Educational Class (S)**Tuesday, May 13, 10-11 am**

Presenter: Jeanne Gehrke

Cost: Free**Register by Friday, May 9**

Join us for an enlightening and interactive educational class focused on embracing the summer sun while keeping your environment pest-free. Whether you're looking to enjoy the outdoors without worrying about bugs or seeking natural ways to protect your space, this session will equip you with practical and eco-friendly solutions for a healthy, vibrant summer experience.

A Healthier You (S)**Monday, May 19, 1-2 pm**

Presenter: Dena Mayer, RD & Diabetes Educator, Aurora Health

Cost: Free**Register by Thursday, May 15**

Are you interested in learning more about nutrition and how to develop healthy lifestyle habits? Join in on Dena's engaging and fun presentations. She'll educate you about the latest tips and how to stay healthy. Her classes include information, handouts, and Q&A.



Oshkosh Seniors Center National Senior Health & Fitness Day



"Move Today for Better Tomorrow!"



Fox Fitness Center

The Fitness Center and non speciality fitness classes are Free to everyone 50+ the week of May 27-30.



Healthy Eat & Greet

Join us on May 28th for our annual Senior Health & Fitness Day Eat & Greet. See page 11 for more details!



Pickleball

Our mini indoor Pickleball will be open available for everyone to play for free May 27-30th.

Oshkosh Seniors Center

Stay Active, Stay Social, Stay Informed

200N Campbell Rd. Oshkosh

920-232-5300

**WEDNESDAY
MAY 28**

FRONT 9

SMALL GROUP TRAINING

CALLING ALL GOLFERS!

Do you want to take a few strokes off your game, increase your overall playing ability, and/or play more rounds of golf?

The Front 9 Fitness class is for you! This four-week class is designed specifically to help you improve your body mechanics, strength, power generation, and endurance. You will learn how to warm up, unlock your hips, and build endurance.

Focusing on these aspects will help improve your stroke, add distance to your shot, and make playing 18 holes more enjoyable.

\$104

PER PERSON

GET A HEAD START ON THIS
YEARS GOLFING SEASON



MONDAY &
WEDNESDAY
MAY 5 - JUNE 2
10:00 - 10:45 AM
MAX: 6

No equipment needed.
Wear comfortable fitness attire as
you will be exercising
Questions contact Alec at
920.232.5320

REGISTER BY , FRIDAY MAY 2
PAYMENT DUE UPON REGISTRATION

Grief Support (S)**Thursday, May 1, 1-2:30 pm****Thursday, May 15, 1-2:30 pm**

Facilitator: Meredith Schluter, Compassus Hospice

Cost: FREE

Maximum 12 per session

Register by calling 920.232.5300

For any adults grieving the death of a loved one, this is an opportunity to come together and work with a specialist. Meredith will facilitate group conversations around how we grieve. This group is safe space for support.

Mindworks (S)**Thursdays, May 1-29****11 am-2 pm-Lunch Included**

Facilitator: Fox Valley Memory Project

To register call 920.225.1711 or email: info@foxvalleymemoryproject.org

Mindworks is a facilitated program designed for people with early symptoms of dementia or memory loss. Each class provides care partners three hours of free time while their loved one attends class.

Elder Benefit Specialist (S)**Wednesday, May 21, 10-11:30 am**

Winnebago County Elder Benefit Specialists (EBS) will provide confidential assistance for an array of topics and issues to anyone 60+. EBS Services are completely free and the service is not based on income. EBS can help with understanding Medicare and the insurance options that go with it, public benefit programs, and providing assistance with denials and appeals. Oshkosh EBS can be reached toll free at 877-886-2372.

Memory Screening (S)**Wednesday, May 21, 10:30 am -12:00 pm**

Facilitator Alisa Richetti, ADRC

Cost: Free

To make an appointment call 920.232.5301

Have a free, confidential memory screen completed and learn about normal brain changes as you age. Alisa will answer your questions related to memory loss, dementia and prevention of cognitive decline. Appointments take 15 minute

Memory Link Resource Hours (S)**Thursday, May 22, 11 am-1 pm**

Facilitator: Fox Valley Memory Care Project

Do you have questions about memory loss?

Kristy Millar, CDP, CADDCT Memory Link Resource

Navigator will be here to answer any questions

you may have regarding memory loss.

Drop ins welcome.**Tender Loving Care****Support Group (S)****Thursday, May 22, 1-2 pm**

Facilitator: Fox Valley Memory Project

Cost: Free*(Supported by the FV Memory Project)*

This support group offers a supportive and safe environment to share, interact, listen, and learn with other caregivers and care partners of those with a memory loss disability. This group is specific to dementia caregivers.

Nail Care (S)**Tuesdays and Wednesdays 9 am to 3 pm,****Friday Appointments: 3rd & 4th Friday****9 am to 3pm**

To make an appointment call 920.232.5301

Cost: \$40.00

Nail care services are provided by a nurse. To ensure you get the appointment date you want, please call 5-6 weeks in advance.

Appointments are filling fast.

Almeda Fisk Gallup Fund (S)

To apply call 920.232.5301

City of Oshkosh residents demonstrating financial need can apply for assistance for vision, hearing and dental.

Aging and Disability Resource Center

If you need help for a variety of reasons related to aging and disabilities in Winnebago County you can call this agency at 1.877.886.2372 for assistance or visit their website at

www.co.winnebago.wi.us/adrc

The Oshkosh Seniors Center has copies of their directory located in the South building.

**Bus Passes & Dial-A-Ride
available through Go Transit only!
Call: 920.232.5340**

NEW **TECHNOLOGY DROP-IN HOURS**

Connect Through Tech is offering drop-in hours for people who need simple answers or help with "quick fix" issues. Time slots are 15 minutes max. If issues cannot be resolved in 15 minutes, a tech appointment can be booked.

Drop-In Hours

Tuesdays, 11 am-12 pm

Thursdays, 11 am-12 pm

or when sign is posted outside tech room 1 & 2

Drop-In is free, but please consider a donation when using the drop-in service.



One-on-one tech sessions are available Monday through Friday with Stephanie and Christie by appointment! Call 920.232.5301 to schedule.

Programs are designed to improve your digital literacy (all levels of expertise are welcome).

Stephanie and Christie welcome all levels of expertise. Meet with an instructor one-on-one to tackle any technology problem you may be experiencing. Common issues we deal with—passwords, setting up new devices, email issues, voice features, navigating social media, texting, camera questions or more! Keep in mind it's not always a "one and done" appointment but we will work with you until you are a pro!

Cost: R \$2/NR \$2.75 per class

By Appointment Only 920.232.5301

Wi-Fi Access (S) Cost: FREE

Bring your own device to access the Oshkosh Seniors Center's WiFi. Find a cozy spot in the Great Room, M-F, 8 am to 4 pm, and enjoy the high-speed internet service. No password is required.

One on One with Sandy Toland (S)

Sandy is from the Oshkosh Public Library and can not only answer questions about the library online services, but any other technology challenges you are experiencing.

Mondays, May 5, 12, 19

9:15 am, 10:30 am, 11:45 am, 1 pm

Cost: R \$2/NR \$2.75 per class

By Appointment Only 920.232.5301

Have you heard about "Prepay" accounts?

You can put any dollar amount you wish on your prepay account and use it to pay for classes or activities. Having to make payments every time you visit can be an inconvenience. In SchedulesPlus, there's an account PREPAY, which enables you to make a deposit of funds. These funds are then available for you to use as you check-in for future events, or as you register you can use funds for payment.

- Stop at front desk with a check or cash and tell volunteer you would like to put money on your prepay account
- Want to register for a class via the phone? Call 920.232.5300 and have the fees taken from prepay account. No special trip to Center.

Ukulele Play Along (S)

Wednesdays, May 7-28

10:30 am-12 pm

Cost: R \$2/NR \$2.50 per visit

Min/Max: 3/20

Looking for some fun people to play ukulele with? If you already know 2-3 strum patterns and 8-10 chords, you will be able to play along. There is a wide variety of music played from different genres. Play music under the guidance of a Ukulele volunteer. Please bring your music, or if needed, a music packet will be supplied.

**Ukulele Lessons
Everyone Welcome!**

Thanks to a generous donor, the Seniors Center has ukuleles available for use. The lending program requires a \$150 check for deposit, and when the Ukulele is returned, we give you back your check. **Call Bobbie Jo at 920.232.5301** for information about a Ukulele "rental."



Advanced Ukulele Lessons (S)

Fridays, May 2-23, 10-10:50 am

Instructor: Aaron Baer

Cost: R \$40/NR \$45 for 4 week session

Min/Max: 10/20

Register by Wednesday, April 30

Payment due upon registration

For the advanced player. A dive into song structure and more advanced chords and chord formations. Class will also include fingerpicking, melody playing and intricate strum patterns.

Beginner Ukulele Lessons (S)

Fridays, May 2-23, 11-11:50 am

Instructor: Joe Wiedenmeier

Cost: R \$40/NR \$45 for 4 week session

Min/Max: 5/12

Register by Wednesday, April 30

Payment due upon registration

Research shows learning something new is the best way to improve brain health. You do not need to know how to read music to learn to play the uke. Don't have your own Ukulele? Rent one from the Seniors Center, see info above.

Intermediate Ukulele Lessons (S)

Fridays, May 2-23, 11-11:50 am

Instructor: Aaron Baer

Cost: R \$40/NR \$45 for 4 week session

Min/Max: 10/20

Register by Wednesday, April 30

Payment due upon registration

For those comfortable with different strum patterns, knowledge of 8-10 chords, and confident in changing between chords. You can sing and strum at the same time and can learn chords to simple tunes fairly quickly.

Beginner 2 Ukulele Lessons (S)

Fridays, May 2-23, 12-12:50 pm

Instructor: Aaron Baer

Cost: R \$40/NR \$45 for 4 week session

Min/Max: 10/20

Register by Wednesday, April 30

Payment due upon registration

This class is for those who have completed beginner ukulele class, know 2-3 basic chords and are ready to take the next step. Chords, strumming, and playing songs will be emphasized in this class. Come join the fun!

Golden Tones Chorus (S)

Mondays, May 5-June 2, 1:30-3 pm

No Class Monday, May 26

Tuesday, May 27, 1:30-3 pm

Director: Paula Steinert

Accompaniment: Marshall Potter

Current session is closed to registration but considering joining in the fall!

Community concert will be Sunday, June 8, 2 pm. Ticket sales begins Monday, May 12

Karaoke (S)

Tuesday, May 6, 1-2:15 pm

Register by Monday, May 5

Tuesday, May 20, 1-2:15 pm

Register by Monday, May 19

Facilitator: Lori Schroeder/Kelly Arens

Cost: Free

Min/Max: 5/25

Join us to sing some of your favorite classic songs, or sit back and enjoy hearing others sing. All music lovers welcome. Program made possible through the generosity of an anonymous donor.



LIR: Wandering on the Camino (S)

Friday, May 9, 10-11:30 am

Presenter: Gretchen Herrmann

Cost: Free

Register by Wednesday, May 7

Gretchen Herrmann enjoys walking in the community recording the beauty all around us as she wanders along. In September 2024, she walked over 100 miles in Spain on the Camino de Santiago and will share reflections and photos she collected along the way.

Chat N Chop (S)

Tuesday, May 13, 9:45 to 11:45 am

Cost: R \$10/ NR \$12.50

Min/Max: 3/8

Register by Tuesday, May 6

Payment due upon registration

In this episode of chat n chop we will be making Cheesy Beef Sandwich, Apple Feta Salad and Fried wontons. Does this sound good? Tie on those aprons and come join us.

Feeding America of Eastern WI (S)

Wednesday, May 14, 2-4 pm

Cost: Free

Feeling the pinch? Drop in and visit with Jaki, the FoodShare Outreach Specialist for Feeding America Eastern Wisconsin. She will be here to visit one-on-one, answer questions, and share information about Wisconsin's Health, Nutrition and other programs that are available to help stretch your food budget. Jaki can teach you how to navigate your FoodShare benefits, apply for benefits with the Access website or through the MyACCESS phone app. No computer? No problem! We have one, or you can bring your mobile phone/tablet and Jaki will help you download the app and sign up. Learn how to manage your Staff of Wisconsin benefits and programs all in one place, at any time.



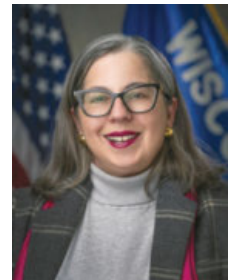
Rep. Palmeri Office Hours (S)

Friday, May 16, 10 am-12 pm

State Representative Lori Palmeri represents the 54th Assembly District since January 2023. Come meet Lori, bring your issues and share with Lori what's on your mind.

Madison Office:

Room 5 North
State Capitol
PO Box 8953
Madison, WI 53708



LIR: Naming of Oshkosh Streets (S)

Tuesday, May 20, 10-11:30 am

Presenter: Deb Daubert

Cost: Free

Register by Friday, May 18

At one time or another all of us have wondered about the reasoning behind a street's name. Some seem meaningless, while others obviously, at one time, had meaning which has long been forgotten. Or has it? Find out the true meaning behind the monikers held by the byways you travel daily.



Container Gardening Class (S)

Tuesday, May 20, 10-11 am

Presenter: Rox Olesen, Horticulturist (Retired)

Cost: Free

Register by Friday, May 16

Container Gardening: Learn the three main elements of a quality container garden. Class will cover plant selection, planting, maintenance of and pest control. Come see what a "Thriller, Filler and Spiller" are all about!



ORD-Warblers Galore (S)

Wednesday, May 21, 10 am-12 pm

Presenter: Rob Zimmer

Sponsored by the Oshkosh Recreation Department

Cost: Free

Register by Monday, May 19

May is peak migration time for colorful wood warblers, up to 30 different species. Join Rob for a look at all of them and suggestions for where to find them during May migration.

Bingo (S)

Wednesday, May 21, 2-3:30 pm

Cost: Free

Min/Max:10/80

Registration opens Thursday, May 7

Register by Tuesday, May 20

Come for a fun afternoon of bingo!

Doors open for Bingo at 1:30 pm.

Note: New process for registration. You can register by calling 920.232.5300, stopping in person or online.

Thank you to our sponsor this month, Edenbrook!



Book Talk (S)

The Storyteller by Jodi Picoult
Thursday, May 29, 9:30-11 am

Facilitator: Kerry Wolfe

Cost: R \$1.25 /NR \$1.75 NR

Register by Thursday, April 3

Sage is a baker, who works through the night preparing the day's bread and pastries, trying to escape a reality of loneliness and the shadow of her mother's death. When Josef, an elderly man from her grief support stops by the bakery, they strike up an unlikely friendship. Everything changes when Josef confesses a long-buried secret and asks Sage for an extraordinary favor. Will she say yes, what repercussions could there be? Sound Interesting? Want to know how the story ends? Join Book Talk.



Eat & Greet (S)

Wednesday, May 28
Serving at 11:30 am

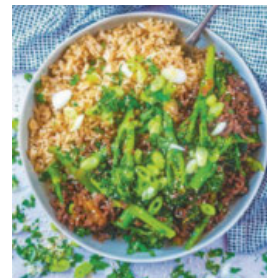
Cost: \$10.00

Max: 50

It is National Senior Health Day. Come join us for Sticky Ginger Beef Bowls, Sweet Buns and Vietnamese Coffee. Water and regular coffee is also available.

Tickets available: April 30- May 19

Buy ticket early, event will sell out!



Popcorn & A Movie (S)

Wednesday, May 28, 12:45-2 pm

Cost: Free-Donation for popcorn appreciated

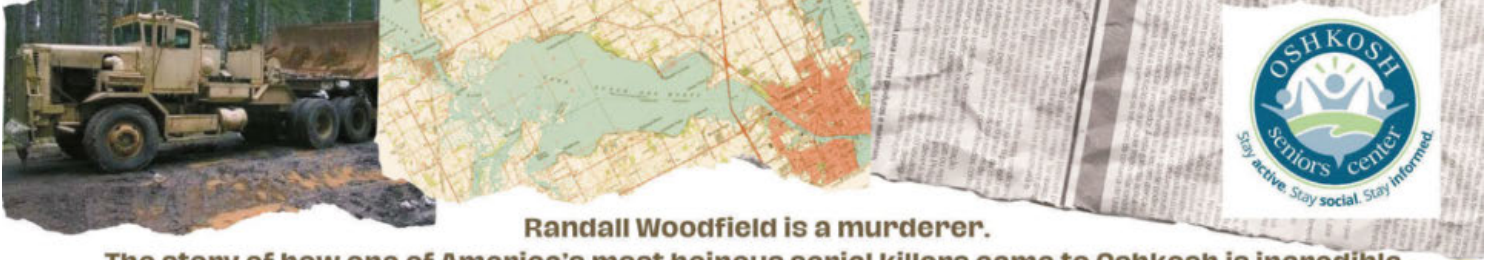
Min/Max: 2/50

Register by Friday, May 23

Inquire at the front desk for movie details.

NOTE: MPLC regulations prohibit us from disclosing titles of upcoming movies in the newsletter. May be rated for mature audiences.





“Remember When—More Stories From Oshkosh’s Historic Past” (S)

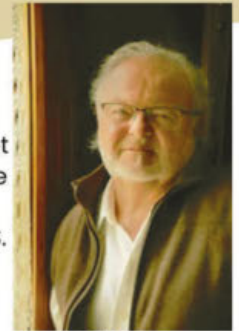
Wednesday, May 28, 10–11 am
Register by Tuesday, May 27

Remember When – More Stories From Oshkosh’s Historic Past is the fifth book in a series of stories of people, places, and events from years gone by. Since 2012, Randy Domer has researched and written over 100 stories buried deep within our treasured past.

As an Oshkosh native and historian, Randy has an enthusiastic passion for local history, fueled by his experiences as past president of the Winnebago County Historical Society and as a recent Board member with the Oshkosh Public Museum and Butte des Morts Historical Preservation Society.

His travels on this journey will unveil tales of an odd gentleman who earned his living standing on street corners, challenging passersby to ask him a question he could not answer for a nickel. He will introduce you to Dan W. Barton who began his career in the orchestra pit at the Bijou Theater on Main Street during the silent picture era – then became the owner of the fifth largest organ manufacturer in the US. Then join Randy as he follows the path of one of America’s worst serial killers that included a stop in Oshkosh.

So, after dozens of trips to the public library, cemeteries, and countless hours online pouring through hundreds of years of old newspapers and city directories – you are invited to join us now as we journey back in time...and Remember When.



Author
Randy Domer

Power of Attorney Workshop (S)
Friday, May 30, 10-11 am

Presenter: Joseph McCleer, McCleer Law

Cost: Free

Min/Max: 5/30

Register by Wednesday, May 28

Failing to have your Powers of Attorney for both Health Care and Finances in place will put you and your family in a serious bind should you ever lose capacity. Joe McCleer from McCleer Law Office will talk about the importance of these documents, give tips and strategies for completing them, and provide free statutory Power of Attorney forms to attendees who wish to complete their Powers of Attorney on the spot.



Thank you for all your donations for the Menominee Park Zoo animals. The donation drive was so successful that the Center is no longer collecting items. We will keep you posted if the needs change.

MENOMINEE PARK



Wisconsin Warmers (S)

Thursdays, 9 am-3 pm

Consider joining this volunteer group who have been making quilts and other items to distribute to those in need in our community for over 25 years. No experience necessary and all supplies provided. Also, we accept donations of 100% cotton fabric or monetary contributions to help fund our work. All donations need to be brought to the South building front desk to be processed and a donation form completed.



Please note; All cards and games are played at the South building ONLY

No cards Monday, May 26

Cold & Flu season is still here...Please

- Please wash hands before playing
- Stay home if you are ill

Cribbage

Mondays & Fridays, 8:30-11:30 am
Beginners are welcomed!

Mexican Train, Mahjongg

Tuesdays, 12:30-3:30 pm

Bid Euchre, Rummikub

Wednesdays, 12:30-3:30 pm
Beginners are welcomed!

Knitting & Crochet

Thursdays, 8:30-11:30 am

Sheepshead

Thursdays, 12:30-3:30 pm

Open Bridge

Fridays, 12:30-3:30 pm

Need a spot to play with Friends?

Open Cards & Games

Grab your friends, pick a time to meet and come play. Check in at front desk, daily fees apply.

Billiards (N)

Billiards are free to use. Please stop at front desk to get the billiard balls and to sign in.

Please no billiards during exercise classes.

**Thank You
To All Of Our
Amazing
Volunteers!**



**We appreciate your time
and dedication in helping
make the Seniors Center a
great place to be!**

Tours Sign-up Options

- Desk for registration is available
9 am -1 pm
MONDAY through THURSDAY
South Building. **200 N. Campbell Rd.**
- Place your payment in the drop box located next to the WST Desk **OR**
- Mail your check to:
Winnebago Senior Tours
P. O. Box 1851
Oshkosh WI 54903-1851
Please be sure to note the trip on the check memo line.



Winnebago Senior Tours (WST) accepts **CHECKS AND EXACT CASH ONLY**

Anyone age is welcome to travel with us (under 18 need adult supervision).

Detailed flyers available at the Seniors Center South
Sign up now, don't delay

Other Side of the Lake

Date: Tuesday, May 6
Cost: \$110 (\$25 non-refundable deposit)
Depart: 7:30am Return: Approx. 5pm
Moderate Activity Level

We will be starting our day at the Wade House for a private tour, visiting the Wade House, the Stagecoach Inn, the blacksmith shop & sawmill, and the exhibits of the Wesley W. Jung Carriage Museum & Visitor Center. Lunch will be a Buffet at the Altona Supper Club. After lunch we will go to Honeymoon Acres and an additional stop or two. Price includes: Coach Bus, Driver Gratuity and Buffet Lunch.



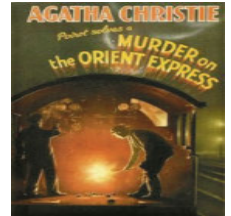
Tour Mgr: Cheryl Freiberg

Murder on the Orient Express
The Fireside Theatre—Fort Atkinson

Date: Thursday, May 8
Cost: \$145 (\$25 non-refundable deposit)
Depart: 8am Return: Approx. 6:15pm

Detective Hercule Poirot's train ride home from the Middle East is interrupted by the discovery of a murder.

Price includes: Ticket, Coach Bus, Driver Gratuity and Lunch with your choice of Chicken & Ribs, Grilled Mahi-Mahi, Mediterranean Short Ribs or Vegetarian Pasta Primavera. Dessert: French Silk Pie.



Tour Mgr: Cathy Koch

Madison In A Day
The State Capitol, Babcock Dairy Store & Betty Lou Cruises

Date: Wednesday, May 28
Cost: \$165 (\$25.00 non-refundable deposit)
Depart: 7am Return 5:30pm

Note: **Betty Lou Cruises is not able to accommodate wheelchairs or walkers, all travelers must be able to walk stairs into/out of the boat.**

Tour and learn all about our magnificent Capitol, view statues, mosaics, murals and more. Then off to Babcock Dairy store, where we can view dairy production and eat delicious ice cream. Lunch is on the Betty Lou Cruise, where we'll enjoy beautiful Lake Mendota. Price includes: Coach Bus, Driver Gratuity, and Betty Lou Cruise/Lunch/Gratuity. Tour Mgr: Cathy Koch



When sending payments in the mail include:

Name: _____

Address: _____

City: _____ State: ____ Zip Code: _____

Home Phone: _____

Cell Phone: _____

Email Address: _____

Name of Trip: _____

Amount Enclosed: _____

If applicable:

Food Choice: _____

Traveling with: _____

Room: Single/Double/Suite (Circle One)

MJ The Musical**The Performing Arts Center—Appleton****Date: Wednesday, June 4****Cost: \$145 (\$25 non-refundable)****Depart: 6pm Return after show**

Michael Jackson's unique artistry comes to the Fox Cities in *MJ*, in this musical centered around the making of the 1992 Dangerous World Tour. Price includes: Ticket, Yellow Bus and Driver Gratuity. Tour Mgr: Cheryl Freiberg

Mount Rushmore, the Badlands & Black Hills of South Dakota**Date: June 15-21 (Sun-Sat) 7 Days, 6 Nights****Cost: \$1225 Per Person/Double Occupancy****(\$75 non-refundable deposit) Depart: 8am**

Your trip starts at Badland's National Park and the amazing Wall Drug. You will learn about Gutzon Borglum, the sculptor of Mount Rushmore. Then on to Mount Rushmore National Memorial followed by a Tour of Wildlife Loop Road at Custer State Park. Additional are included (see flyer for detailed descriptions). Price includes: 10 meals: 6 breakfasts, 4 dinners; Hotel and Attractions; Coach Bus; Driver Gratuity. Tour Mgr: Cathy Koch

**The Last Potluck Dinner****The Fireside Theatre—Fort Atkinson****Date: Thursday, June 26****Cost: \$145 (\$25 non-refundable deposit)****Depart: 8am Return: Approx. 6:15pm**

The Centennial Celebration is bittersweet. Times are tough in this small farm community, and hard decisions will have to be made. Price includes: Ticket, Coach Bus, Driver Gratuity and Lunch with your choice of Braised Pork Belly, Supreme Cut Chicken, Thai Grilled Shrimp, Vegetarian Cacciatore.

Tour Mgr: Cindy Paffenroth

The Village of Greendale**Date: Thursday, July 17****Cost: \$95 (\$25 non-refundable deposit)****Depart: 9am Return: 4:30pm**

Visit this Norman Rockwell-looking town that was designed by a New England town planner. Enjoy a guided tour of folk art chimneys, and flower blossom sculptures. See flyer for lunch choices. Shopping at the Village Shops. Price includes: Coach Bus, Driver Gratuity and Lunch.

Tour Mgr: Cindy Paffenroth

**The Shops of Waupaca****Date: Thursday, August 21****Cost: \$65 (\$25 non-refundable deposit)****Depart: 8:45am Return: 5am**

Shop until you drop at The Cottage Garden Farms, then on to Main Street in Waupaca to experience old world charm and find antiques, luxuries and gifts. Lunch is on your own at Simpson's, Sulten Belly, or Little Fat Gretchen's. Leave room for a stop at Red Mill LLC, gift shop, Ice cream Parlor and Coffee Shop. You may also visit a covered bridge or chapel. Price includes: Coach Bus, Driver Gratuity (Lunch and ice cream on your own). Tour Mgr: Alice Himmler

**Brewers vs Phillies Baseball Game****American Family Stadium—Milwaukee****Date: Wednesday, Sept. 3 Game Time: 6:40****Cost: \$125 (\$25 non-refundable deposit)****Depart: 3:30pm -Return: After the game**

Experience Brewers Baseball like a VIP! Located in the Casamigo's Patio Left Field on third base side. Full buffet features Johnsonville brats, hotdogs, grilled burgers, chicken tenders, salads, mac and cheese, chips and cookies with unlimited soft drinks. Price includes: Game Ticket, Full Buffet, two Complimentary Beers or Casamigo's Drink, Coach Bus and Driver Gratuity.

Tour Mgrs: Cheryl Freiberg and Cathy Koch

**Munising MI and Lake Superior****Date: September 11-12 (Thursday & Friday)****Cost: \$320 per person double/\$385 Single****(\$75 non-refundable deposit)****Depart: 6:30am Thurs. Return: 7-7:30pm Fri**

Join us for a beautiful trip to Munising in the Upper Peninsula of Michigan. Upon arrival, you will have lunch on your own with time for shopping. Mid-afternoon we will enjoy a two hour Spray Falls Cruise of sandstone cliffs carved by ancient glaciers and view of Spray Falls. Dinner will be at the Buckhorn Resort, with choice of Hot Beef Sandwich, Whitefish dinner or Hovey Chicken Sandwich (see flyer for detailed description). After a restful night and continental breakfast, we will experience a two hour fully narrated tour of two shipwrecks on The Glass Bottom Tour. After lunch on your own, we will head back home. Price includes: Coach Bus, Driver Gratuity, Painted Rock Cruise, Glass Bottom Shipwreck Cruise, Dinner, Continental Breakfast and Hotel.

Tour Mgrs: Cindy Paffenroth and Alice Himmler



African Safari: Kenya and Tanzania

Dates: September 8-22

Cost: \$9,499 per person Double; \$10,399 per person Single

Small Group Travel rewards travelers with new perspectives. HIGHLIGHTS: Nairobi, David Sheldrick Wildlife Trust, *Out of Africa* Farmhouse, Amboseli National Park, Shanga Workshop, Karatu, Ngorongoro Crater, Serengeti, Lake Eyasi. Choice on Tour: Local Fruit Vendor or Local Craftsman, Tarangire National Park, 12 Game Drives. Experience the Serengeti: Endless plains, 12,000 square miles, animal migrations, wildlife refuge, unparalleled sunsets, UNESCO World Heritage Site. Overall activity level of this tour is a level 3. **Passport required.**



Tour Mgr: Cheryl Freiberg

Oklahoma

The Fireside Theatre—Fort Atkinson

Date: Thursday, October, 2

Cost: \$145 (\$25 non-refundable deposit)



Depart: 8am Return: Approx. 6:15pm

Oklahoma is the Rodgers and Hammerstein musical comedy that ushered in the Golden Age of Musical Theatre. Enjoy this musical comedy filled with costumes, music, and dancing. Price includes: Ticket, Coach Bus, Driver Gratuity and Lunch with your choice of Chicken Florentine, Baked Almond Crusted Cod, Beef Short Ribs or Vegetarian Manicotti. Dessert: Double Layer Carrot Cake.

Tour Mgr: Alice Himmler

Grand Hawaiian Adventure

Dates: November 2-14

Cost: \$7,999 per person Double; \$10,499 per person Single; \$7,899 per person Triple

You will see the best that Hawaii has to offer from historical sites such as Pearl Harbor and the Iolani Palace to beautiful scenery including Rainbow Falls and Hawaii Volcanoes National Park. Relax Hawaiian-style at an authentic luau. Enjoy a feast, lavish desserts and tropical drinks. Jump into Polynesian culture as you experience the ultimate island celebration.



HIGHLIGHTS: Waikiki Beach, Pearl Harbor, Iolani Palace, Hawaii Volcanoes, National Park, Polynesian Luau, Kona Highlights, Iao Valley, Waimea Canyon. Days 1-3 are in Honolulu; Days 4-6 are in Kona; Days 7-9 are in Lahaina; Days 10-12 are in Kauai. Overall activity level of this tour is level 1.

Tour Mgr: Cheryl Freiberg

Murder Mystery Dinner Theatre

Date: Sunday, November 16

Cost: \$110 (\$25 non-refundable deposit)

Depart: 10:00am Return: Approx. 5:30pm

How are your detective skills? Join us at 'Memories Dinner Theatre' in Port Washington to help solve a Who-dun-it. Detectives Goodman and Badham are investigating a murder, after a body is discovered in a 'U-Move-It' truck. The mystery deepens as the case leads across multiple cities, and involves a number of eccentric characters. Each table is able to help interrogate the suspects and gather clues to solve the crime.



Menu includes: Angus Steak

Sandwich on a Sheboygan Hard Roll. Homemade Parmesan Garlic Potato Chips, Calico Beans, Creamy Coleslaw, Memories Famous Fluff.

Vegetarian: Cheese Tortellini; Vegan: Pasta

Primavera and Steamed Vegetable Blend. Dessert: Salted Caramel Cake.

Tour Mgr: Cathy Koch

A Wonderful Life

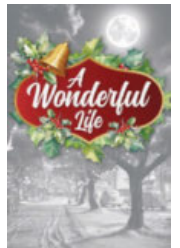
The Fireside Theatre—Fort Atkinson

Date: Thursday, December 11

Cost: \$145 (\$25 non-refundable deposit)

Depart: 8am Return: Approx. 6:15pm

The story of George Bailey and his wonderful life in Bedford Falls has brought hope and inspiration to every heart with its celebration of the goodness in all of us. The Fireside is proud to bring you this stunning, live stage version of Frank Capra's beloved film. Written by Pulitzer Prize and Tony Award winning lyricist Sheldon Harnick, one of the creators of *Fiddler on the Roof*, and Grammy and Emmy Award winner Joe Raposo whose music from *Sesame Street* inspired generations of young people, *A Wonderful Life* captures all the magic of the film as it shines with the spirit of Christmas.



Price includes: Ticket, Coach Bus, Driver Gratuity and Lunch with your choice of Chicken Monterey, Grilled Atlantic Salmon, Sliced Beef Tenderloin or Vegetarian Skewers with Tofu. Dessert: Bailey's Irish Cheese Cheesecake.

Tour Mgr: Cheryl Freiberg

2025 UPCOMING TRIPS:

Holiday International Folk Festival, Milw. – 11/22

2026 Upcoming TRIPS:

Mediterranean Coastal Journey 4/11-26

Pacific Northwest & California – 5/24-6/1

Check the Rotating Rack at the Tour Desk regularly for new trips!!

2025 FOOD TRUCK FRIDAY



18

FOOD TRUCKS

*Variety of tasty foods
from Mexican
to American
and Asian to Italian!*

**9th ANNUAL
FAMILY FUN NIGHT
AT THE PARK!
SOUTH PARK ■ OSHKOSH**

JUNE 6
4:30 – 8:30 PM

**LIVE MUSIC
RAFFLES ■ BEER
SODA ■ WATER**



DREAM BIG CASH RAFFLE



1st Prize \$2,000 • 2nd Prize \$1,500 • 3rd Prize \$1,000 • 4th Prize \$500

TICKET COST \$20.00

**DRAWING AT 7:00 PM ON JUNE 6, 2025, AT FOOD TRUCK FRIDAY
DO NOT NEED TO BE PRESENT TO WIN!**



*These events are sponsored by
The Friends of the Oshkosh Seniors
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by the Oshkosh Seniors Center.*



Friends of the Oshkosh
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to enrich the quality of life
for adults 50 and over.**

Oshkosh Seniors Center

200 North Campbell Road
Oshkosh, WI 54902
920.232.5300

South Building Hours:

Mon – Fri 8 am – 4 pm

North Building Hours

Mon – Fri 7 am – 4 pm

OSC Staff

Dan Braun, Senior Services Mgr.
Jane Wells, Program Supervisor
Bobbie Jo Nagler, Office Assistant

Activity Coordinators:

Kelly Arens-Educational & Social
Alec Jensen, Fitness & Wellness
Cierra Boutelle, Healthy Lifestyles
Kerry Wolfe, Asst. Activity Coordinator

Friends Board

Colleen Harvot, Vice President
Chris Kniep, Treasurer
Julie Hoyt, Secretary
Judy Hebert
Jeff Schettl
Jean Wollerman

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