Dear Name,

## I'm dreaming of retirement...

I'm dreaming of learning new things like Mediterranean cooking, playing the ukelele, and creating works of art to help keep my mind sharp and put joy in my day.



I'm dreaming of the opportunity to work with a personal trainer to keep my muscles working, my balance in check, and my energy up! And yoga, Tai Chi, or meditation to improve my sense of well-being.

I'm dreaming of playing cards, sharing lunch, and enjoying companionship in a safe and comfortable environment.

I'm dreaming of feeling connected with my family on social media with the help of technology volunteers.

I'm dreaming of taking bus trips and tours to see new, interesting places to widen my horizon.

Most of all, I'm dreaming of thriving as an older adult and being able to stay in my own home for as long as possible. The Oshkosh Senior Center has almost everything I need to help make that a reality for me.

Did you know that 30% of the people that live in Oshkosh are over 50 years of age and can utilize all that our city's beautiful Oshkosh Senior Center has to offer?

Please consider a gift to support the programs and staff that help fulfill dreams.

Warm regards,

Julie Hoyt

Age 64

Friends of the Oshkosh Senior Center Board of Directors Member and Future Retiree (\*\*)



